

L1 Curriculum Committee Mtgs - 4 & 5 Nov 2021

4 Nov 2021 attendees - Amrit S, Hari Charn, Jagat Prem, Angad, Sukhdev

5 Nov 2021 attendees - Amrit S, [Sukh Meher Kaur](#), Tonie

Replace the Adi Shakti tratakum in AT yoga manual with candle?

YB quotes at the beginning of each chapter in AT.

- Adding a quote from another source, not replacing the YB quotes is good. Angad and Sukhdev will work together on finding more quotes for this.
- Put YB's name back on
- How long before we will update the manual? Amrit hopes to update it sooner rather
- Amrit to share the document as a Word document with Sukh Meher - she feels the quotes should stick with the yogic tradition - not Buddhism or other traditions

Next steps with pedagogy project? Amrit to get new deadline for having website up. Angad still following up with Sat Puran and Raghurai on videos from them. Once the page is up, how do we promote it? And do we wait to see how much its used, or begin right away on the next unit of study? The regional meetings will be a method for sharing about this and generating interest. It will take a while for these to gain traction. Maybe good to have tools for 2 or 3 topic - to attract more interest from more trainers. Maybe work on Breath and Humanology as the next 2? Let's do a soft launch of the HIstory tools, and also put the videos into YouTube so they can be automatically closed captioned. Maybe Jagat Prem and Amrit brainstorm on the whole list of possible pedagogy tools and bring recommendations to this group. Also Liv Dhyana is a resource. Hari Charn can reach out to her to see if she'll be interested.

Research by Sukhdev about the Acid Bath - maybe move this back in? Science may always go back and forth - so how do we handle ongoing science research in the manual? Maybe a sentence of acknowledgement that science keeps changing? Though the L1 manual was written to JUST be YB's teachings, not getting into the science.

Were we planning to have a part of the website just for posting additional resources about each chapter? Could more science things be vetted and then be posted in that place on the website? Put this on the list for this committee to prioritize.

Any other topics we all need to address as a committee? Maybe this group could ask how they feel about the L2 manuals - to see if there is a need for a separate committee?

Next meetings - Thurs 16 Dec, 15:00 CET. Asia folks will try to make this time also. Or half an hour earlier - then Sukh Meher will try.