



The Aquarian Trainer Academy

Dear Teacher Trainer Applicant,

Sat Nam. Teacher Training is expanding globally and there is a real need for dedicated Level One Trainers of Kundalini Yoga. Thank you for your interest in applying to the Aquarian Trainer Academy. We trust your journey in the Academy will open up creative thinking, expand your teaching, support the growth of your local community and allow for ever expanding cycles of consciousness. Thank you for your participation and for co creating with us. We look forward to seeing your contributions to the field.

APPLICANT ELIGIBILITY REQUIREMENTS:

- Hold **KRI Level One** Instructor Certificate.
- Appropriate combination of completed **Level Two** programs and **teaching hours**:

<ul style="list-style-type: none">- At least FOUR L2 modules completed with the 5th planned within the year.- Taught at least 500 hours of Kundalini Yoga since becoming a Level 1 Kundalini Yoga instructor.
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<p>OR</p> <ul style="list-style-type: none">- 2 Level Two modules completed with a plan for when the other modules will be taken.- Taught a minimum of 1,000 hours of Kundalini Yoga Classes since being certified as a Level One Kundalini Yoga Instructor by KRI.

◇ Some of these 1,000 hours must include longer format workshops (4hr, all day, etc.).

- Be a current Professional member of IKYTA or your country's National Teacher's Association.
- Have a strong personal practice of Sadhana and Kundalini Yoga and where possible to participate in group sadhana.
- Teach a yogic lifestyle, meaning to teach to the current Code of Ethics and refrain from serving tobacco, alcoholic beverages, drugs or meat (or being intoxicated) at any Kundalini Yoga event, offering or training.
- Have attended at least one KRI, Sikh Dharma, or 3HO Event every year for the past three years. (Including but not limited to Solstice, Teacher's Conference, any Yoga Festival, Women's Camp, Jaap Sahib, Level Two Training, Trainers Forum, White Tantric Yoga).
- Contribute *Gurudakshina* either internationally or to your National Association, contribute to The Yogi Bhajan Library of Teachings (Go to www.kundaliniresearchinstitute.org for more information), or let us know how else you are contributing to the mission of sharing these Teachings.
- If you are hearing impaired or have some other form of disability, please let us know so that we can better accommodate you.

If you meet the above requirements please contact the [Regional Academy Administrator](#) for instructions about how to access your [Trainer Portal](#) and apply online. You must contact the administrator FIRST.

You will need an account in the [Library of Teachings](#) to access the Portal. Use your best email and keep in mind that this will be permanently your Login to the platform.

There are support documents in the [Trainer Support Website](#), under *Level 1 Trainer Pathway – Entry* as well as two short [video tutorials](#) that you should watch before completing the application process.

Once your application has been completed on the Trainer Portal, you will receive access to a **Webinar** and complete an **Online Quiz**. Attending a **Zoom group meeting** with new interns from all over the world and the Academy

Administrators is highly recommended. These meetings happen once every quarter (4x a year) and are a great opportunity to feel part of the international community of trainers.

The **Academy Administrator** will review your application and quiz before approving you as an intern and might contact you or your mentor to discuss specific aspects or let you know what you need to do to be approved. You will receive an email confirming your APPROVAL as an Intern in the Aquarian Trainer Academy.

Please contact [your regional Academy Administrator](#) with any questions or concerns you may have regarding your qualifications and your entry into the Academy.