



## The Aquarian Trainer Academy

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Dear Teacher Trainer Applicant,

Sat Nam. Teacher Training is expanding globally and there is a real need for dedicated Level One Trainers of Kundalini Yoga as taught by Yogi Bhajan. Thank you for your interest in applying to the Aquarian Trainer Academy.

### APPLICANT ELIGIBILITY REQUIREMENTS:

- Hold KRI Level One Instructor Certificate.
- Appropriate combination of completed Level Two programs and teaching hours:
  - *Must have completed at least FOUR L2 modules with the 5th planned within the year and have taught at least 500 hours of Kundalini Yoga since becoming a Level 1 Kundalini Yoga instructor.*
  - OR
  - *Must have 2 Level Two modules completed with a plan for when the other modules will be taken and have taught a minimum of 1,000 hours of Kundalini Yoga Classes since being certified as a Level One Kundalini Yoga Instructor by KRI. Some of these 1,000 hours must include longer format workshops (4hr, all day, etc.).*
- Be a current Professional member of IKYTA or your country's National Teacher's Association.
- Have a strong personal practice of Sadhana and Kundalini Yoga and where possible to participate in group sadhana.
- Practice a yogic lifestyle meaning abstain from tobacco, alcoholic beverages, drugs (other than prescribed by a physician) and eat a vegetarian diet.
- Have attended at least one KRI, Sikh Dharma, or 3HO Event every year for the past three years including but not limited to Solstice, Teacher's Conference, any Yoga Festival, Women's Camp, Jaap Sahib, Level Two Training, Trainers Forum, White Tantric Yoga.
- Contribute Gurudakshina either internationally or to your National Association or contribute to The Yogi Bhajan Library of Teachings (Go to [www.kundaliniresearchinstitute.org](http://www.kundaliniresearchinstitute.org) for more information).

If you meet the above requirements then contact the Academy Administrator for instructions about how to create your Trainer Portal and apply online. You must contact the administrator FIRST.

Once your application has been completed on the Trainer Portal, KRI will schedule an interview/Orientation for you. Interviews for applications received by KRI during the late spring or summer may not be scheduled until the fall due to Professional and Lead interviews during the summer events.

At the time of your Interview the interviewer will approve you as an Intern if you meet the minimum requirements or will let you know what you need to do in order to be approved.

If you are not approved you may take the opportunity to ask for an exemption from the Certification Committee. Your mentoring Lead Trainer should send a letter to KRI with reasons why an exemption should be made. The Certification Committee will review and make a decision next time they meet.

Please contact [AcademyAdmin@kriteachings.org](mailto:AcademyAdmin@kriteachings.org) with any questions or concerns you may have regarding your qualifications and your entry into the Academy.