



The Aquarian Trainer Academy

Dear Associate Candidate,

Congratulations on your decision to apply for Associate level in the Aquarian Trainer Academy. You have worked hard as an Intern in serving both the needs of the Level One Program and of the students. Before proceeding, please be sure that you have met all of the requirements to move on to Associate for this will allow your interview to be scheduled more quickly.

Associate Candidate Requirements:

- Appropriate combination of completed Level Two programs and teaching hours:
 - Level Two certified - Completed all five modules, and you have taught at least 1,000 hours of Kundalini Yoga since becoming a Level 1 Kundalini Yoga instructor
 - OR
 - 3 Level Two modules successfully completed and you have taught at least 1,500 hours of Kundalini Yoga since becoming a Level 1 Kundalini Yoga instructor
- You continue to teach Kundalini Yoga outside of the Teacher Training setting
- You live and abide by the Code of Excellence of a Kundalini Yoga Teacher
- Qualified for a minimum of 50 Content Credits (including the Practicum credits)
- Effectively taught a minimum of 10 bench hours in Teacher Training
- Attended a Trainers Forum at least once every 2 years.
- Attended one 3HO event every year

Associate Candidate Process:

The process involved in becoming recognized as an Associate Trainer is as follows:

Submit your online application to KRI by logging into your Trainer Portal. You need to use your Library of Teaching credentials to log in. Your application includes:

- **Associate Candidate Application**
- Associate **Candidate Fee** \$108
- **Competency Evaluation Form**- your Mentor will not be able to complete this form until you have fully completed it and submitted it to your mentor.
- **Units of Study-Content Credit Form**– completed and then reviewed and initialed by your Mentor-a minimum of 50 content credits and 10 hours of effective “bench time” required. This document is attached to the application.
- **Individual Development Plan(s)** IDPs signed by your mentor. This document is attached to the application.
- **Mentor-Mentee Operating Agreement** signed by both you and your mentor. Attach in Optional documents.

Also required is the **Associate Candidate Lead Trainer’s Evaluation Form**. Your mentoring Lead Trainer submits this directly to KRI through their Portal access. Your responsibility to make sure to remind your Mentor to complete their part.

Schedule an Interview:

Once your application has been received IN FULL, KRI will email you and schedule an interview with you by phone or SKYPE. If you are a candidate who will require a translator please provide one for your interview.

At the time of your Interview the interviewer will approve you as an Associate if you meet the requirements or will let you know what you need to do in order to be approved.

Associate Responsibilities:

As a Level One Associate Trainer you will continue to work under the guidance and direction of your Mentoring Lead Trainer. Your roles, responsibilities, duties and opportunities are different than they were while you were an intern. Please make sure to read the Associate Role Description.

Some of your responsibilities and opportunities as an Associate:

- Able to teach up to 25% of curriculum (topics you qualified for on the Units of Study - Content Credit Form) without direct supervision
- Prepare and deliver significant segments of curriculum (a minimum of one time teaching 4 hours from the bench solo)
- Qualify for another 25% of the content credits.
- Hold the space of the training as the “trainer in charge” for one full weekend session
- Continue to teach Kundalini Yoga Classes outside of the Teacher Training venue
- Each year you will license starting in May when the reminder email goes out. The licensing year is July 1 until June 30 the following year. The licensing fee for every level of the Academy is \$108.
- Attend Trainers Forums at least once every 2 years.

There is no established **Associate training period**. The Associate Trainer may choose to stay at Associate level or may choose to progress to Professional Trainer.

You can get a more detailed overview of the full Academy process at our website www.kriteachings.org

We are here to serve you and your development as a trainer, so please let us know if you have any questions. Email AcademyAdmin@kriteachings.org