

APPLICANT INSTRUCTIONS

Sat Naam.

Thank you for your interest in applying as an Intern to the Aquarian Trainer Academy.

Please review the *Eligibility Requirements* first to ensure you meet the prerequisites.

APPLICANT ELIGIBILITY REQUIREMENTS:

- Hold KRI Level One Instructor Certificate.
- Must have completed at least 4 Level Two modules with the 5th planned within the year.
- Have taught a minimum of 500 hours of Kundalini Yoga classes since being certified Level One by KRI.
- Be a current Professional member of IKYTA or your country's National Teacher's Association.
- Have a strong personal practice of Sadhana and Kundalini Yoga and where possible to participate in group sadhana.
- Practice a yogic lifestyle meaning abstain from tobacco, alcoholic beverages, drugs (other than prescribed by a physician) and eat a vegetarian diet.
- Have attended at least one KRI, Sikh Dharma, or 3HO Event every year for the past three years including but not limited to Solstice, Teacher's Conference or Summit, TTEC Meeting, any Yoga Festival, Women's Camp, Jaap Sahib, Level Two Training, Trainers Forum, White Tantric Yoga.
- Contribute Gurudakshina either internationally or to your National Association or contribute to The Yogi Bhajan Library of Teachings (Go to www.kundaliniresearchinstitute.org for more information).

If you meet the above requirements then FIRST contact the Academy Administrator for instructions about how to activate your Trainer Portal and apply online.

Once your application has been completed on your Trainer Portal, your Interview/Orientation will be to watch an instructional webinar. You will receive an email inviting you to watch the video and then take the Quiz. Email the Academy Administrator once you have done so.

You may apply for entry on your Trainer Portal anytime during the year.

Please contact AcademyAdmin@kriteachings.org with any questions or concerns you may have regarding your qualifications and your entry into the Academy.