

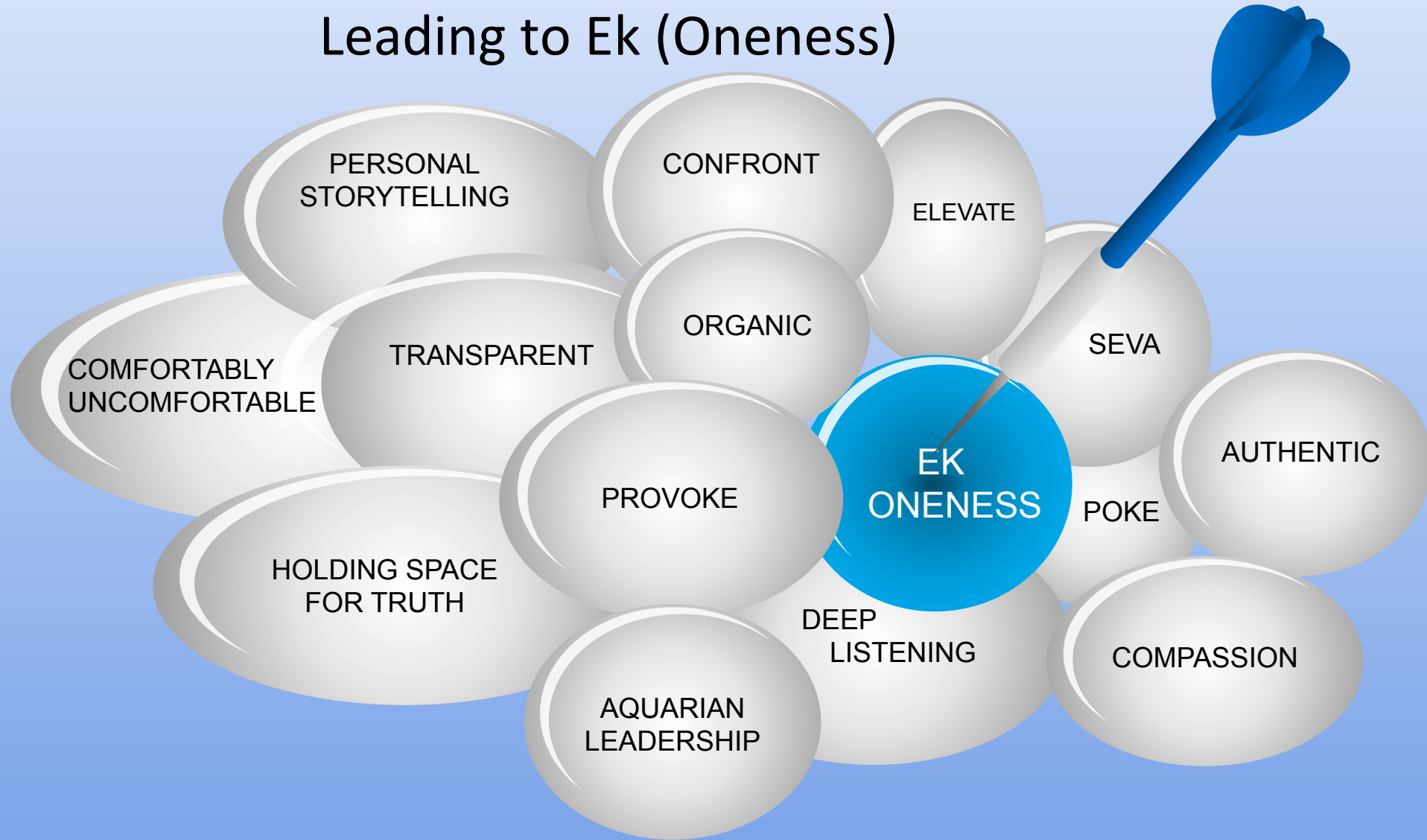


WHY:

*The Diversity and
Inclusion
Committee*

Values

Leading to Ek (Oneness)



MISSION

The Diversity & Inclusion Committee is a self-sovereign body of Kundalini Yogis driven to confront and elevate remnants of Piscean structures and psyches to ignite a universally inclusive Aquarian consciousness.

FRAMEWORK:

We stand for the achievement of equality, equity and the promotion of human rights, globally. To bring integrity to these principles, we recognize the need to speak out and take action in the face of prejudice, unfair discrimination and bias, expressed systemically, institutionally and interpersonally, directly or indirectly against the following:

Black and Indigenous People of Color; LGBTQ+; Gender; Age; Disability; Body Type; Economic Access; Language; Religion; Non-Sikhs, Dress & Appearance; Non-Turbaned Yogis; 3HO's Newer Generations; and Communities Outside of Espanola, the US and Europe.

At the core of our work, we focus on issues of racial equity. We move with community issues as they arise, and respond to issues of intersectionality without losing connection to the core of our work.

Diversity and Inclusion

Sutras for the Aquarian Age

1st Sutra

We value unity within diversity: we honor our differences, and also recognize the Oneness that binds us together. We take care to avoid making the other person “other.”

**Recognize that
the other person
is you.**

Diversity and Inclusion

Sutras for the Aquarian Age

**There is a way
through every
block.**

2nd Sutra

When we choose to confront old paradigms, we will become uncomfortable. We must stay open through this vulnerability and hold ourselves accountable and responsible. By building transparent and collaborative relationships, the result is a deeper authentic reality and expanded community, locally and globally.

Diversity and Inclusion

Sutras for the Aquarian Age

3rd Sutra

The time is now for courageous leadership, where organizations, teachers and students interweave the teachings of Kundalini Yoga with the Aquarian shift in collective consciousness which is happening on the world stage, expressing itself as: intersectionality, indigenous sovereignty, racial justice, LGBTQ+ justice, and more.

When the time is on you, start, and the pressure will be off.

Diversity and Inclusion

Sutra's for the Aquarian Age

Understand through compassion, or you will misunderstand the times.

4th Sutra

Understand through compassion, and the ever-rising warrior spirit within us stands up for Truth. But silence is complicity. If we don't stand up for something, we will stand for nothing... and we'll misunderstand the times.

Diversity and Inclusion

Sutras for the Aquarian Age

5th Sutra

The Cosmos is a well ordered whole. To vibrate at the level of our new reality - inclusive, expanded, global, united - we step into a broader, combined and collective vision and the path is cleared.

**Vibrate the
Cosmos, the
Cosmos shall
clear the path.**

Small Group Discussion

Questions

Look at the different communities in your area. Is your training and training team reflective of people from those communities?

What are the strategies & struggles around making the Training Teams include people from those communities?

Please share what has worked in your community and what you are working on. If your team is already reflective of the community share your experiences and strategies.

A vibrant sunset scene with a bright sun low on the horizon, casting long, golden rays of light across a sky filled with scattered clouds. The colors transition from deep orange near the sun to a clear blue at the top.

**SAT NAM
&
THANK YOU!!!**