



## **ATA Trainer Forum**

Belo Horizonte, Brazil

February 17 - 18, 2018

Sat Nam Brazilian Trainer Participants,

Thank you each and every one of you for attending the Forum and for fully participating in the event (and for those of you who could not attend this year - you were missed.). This trainer forum is so very important for it is an opportunity for us to come together, to support one another, to challenge one another, to get updated, and to build and sustain the relationships of trainers between all of the teams.

The trainers who participated in the Forum on February 17<sup>th</sup> and 18<sup>th</sup> were:

Subagh Kaur , Jap Dharam Kaur, Simrat Kaur, Simran Sangeet Kaur, Guru Atma Kaur, Dharam Kaur, Guru Suroop Kaur, Guru Sangat Kaur, Sat Sunder Singh, Sat Anand Kaur, Simran Jeet Singh, Jiwan Preet Singh

Thank you to Subagh Kaur for hosting this event for the two days. Blessings.

During the meeting there was quite a bit discussed and decided and this report is a summary for all of you. These topics are not in order of importance.

### **KRI Representative at Forum**

Hari Charn Kaur came from KRI to participate in the Forum and to present updates from KRI. She is the KRI Director of Outreach and Professional Development. She can be reached at [hck@kriteachings.org](mailto:hck@kriteachings.org) or on WhatsApp at +1 505-310-0202.

### **Feedback and Evaluation**

Tomorrow you will receive the feedback and evaluation form from [trainerforum@kriteachings.org](mailto:trainerforum@kriteachings.org). Please complete this by February 27<sup>th</sup> and return. You will receive a discount code for an ebook from the Source on the KRI website.

### **Trainer Bulletin (link to bulletin)**

You should have received a bulletin from KRI a month ago with trainer updates. The bulletin is in both English and Spanish and it links to important information from KRI. The links are in English. Please let KRI know if you have trouble understanding the information and need assistance. This bulletin will be the way KRI updates trainers on new policies or decisions and is required for trainers to read.

### **Sutra Space for Portuguese Speaking Trainers**

Amrit Singh was introduced to the Forum participants over Skype. He gave a brief description of the Global Decision making process. He is creating a Space in Sutra for Portuguese speaking trainers and you will be sent a link and invitation to participate. The invitation will go to all Portuguese speaking trainers/countries. If you or your team wants a space on Sutra please let Amrit Singh know. You can contact Amrit Singh at any time for any questions or concerns that you might have.

Email: [amrit@kriteachings.org](mailto:amrit@kriteachings.org)

WhatsApp: +1 505-670-0248

### **Digital Level One Manuals**

KRI is in the process of creating digital Level One Manuals on an app in English. These manuals are secure for each person receives a personal code to download the book in the app. They will update automatically. KRI will inform Trainers when they are available. Translated manuals will be next

### **Level Three Mela**

A discussion on having a Level Three Mela in South America for Trainers from all of the countries in South America. Explanations on both what is Level Three and what is a Mela were given to the participants. The participants in the Forum are very interested in a Level Three Mela in 2020. For Brazil 2019 will not work as they have a Yoga Festival that year. Volunteers to work on the Mela with trainers from Chile: Jap Dharam Kaur, Dharam Kaur, Guru Saroop Kaur, Simrat Kaur.

### **Future Brazilian Trainer Forums**

It was agreed that the trainer forums would rotate from Sao Paolo to Belo Horizonte.

### **KRI Updated Addendum for Humanology on LGBTQIA**

There was a discussion on the draft addendum to the Humanology chapter of the Level One Manual. There is an addendum that gives information on the Humanology teachings for the LGBTQIA community. This is a link to the Spanish Translation. (link to Spanish translation) Jap Dharam Kaur is working on the Portuguese translation which will be posted both on the KRI website and in Sutra.

### **Madhurnain Kriya**

The Madhurnain Kriya was taught at the Forum. This Kriya was never before published by KRI and was published in now 9 languages for the European Forum. KRI will publish a new Kriya each year for all languages. ([Link to kriya](#))

### **AKYM and ABAKY**

AKYM, the National Association of Teacher, and ABAKY, social and educational KY and SD association, are getting together in producing a collaborative model to facilitate integration of both system, benefiting both.

### **Collaborative Mentoring for Interns, Associates and Professionals**

It has been agreed to implement a program of integrating trainers from different mentors around several aspects of the Level One. Gurusangat and Subagh will create a spreadsheet with the various contents including from Practicum Guidelines to Course Subjects, assigning experts among the trainers to conduct a workshop on that particular subject. The trainers will use ABAKY online classroom and eventually attend the class in different cities where that subject is been presented. The goal is to start this year itself.

### **Invitation to Summer Solstice - NEW DATES and TIMES**

Summer Solstice Forum will be Wednesday June 13<sup>th</sup> from 12:30 – 5:30 (lunch included) and Thursday June 14<sup>th</sup> from 8:30-5:30. ([Link to Register](#))

### **Presentations and Feedback**

Shakti Pad  
Poke Provoke Confront and Elevate  
Anahat  
Posture geometry  
Self-sensory system

Chosen members of the Academy had 10 minutes to present on sections of Level One Teacher Training as listed above and received critical feedback from the trainers at the Forum. This was excellent practice in presenting and having authentic feedback.

### **Challenging Conversations in Changing Times**

Guruka Kaur, the Executive Director of the Ethics, Professional Standards and Conscious Conflict Resolution Department facilitated a workshop through Skype. She began by updating participants on EPS policies and systems. She can be reached at [eps@epsweb.org](mailto:eps@epsweb.org). The Kundalini Yoga Students Bill of Rights is available in Spanish at [www.epsweb.org](http://www.epsweb.org)