

The Professional Candidate Application Process:

Please read this carefully.

The first step is to ensure that you qualify to apply as a Professional candidate. Below are the requirements you should meet before beginning the process to move from Associate Trainer to Professional Trainer.

Professional Candidate Requirements:

- You continue to teach Kundalini Yoga outside of the Teacher Training setting
- Level Two certified - Completed all five modules
- You live and abide by the Code of Excellence of a Kundalini Yoga Teacher, specifically yogic lifestyle.
- Qualified for a minimum of 100 Content Credits
- Effectively taught an additional 15 hours of “bench time” in Teacher Training for a minimum of 25 accumulative hours as Intern and Associate. These “bench hours” must be from at least 3 different Units of Study.
- Taught solo for a 4 consecutive hour session or ½ day
- “Held the Trainer’s space” for a minimum of 16 consecutive program hours or for a full weekend in one session.
- Attended a Trainers Forum, Summit or TTEC at least once every 2 years.
- Attended one 3HO event every year
- Current member of IKYTA or National Association

Professional Candidate Application submitted electronically:

If an Associate Trainer and their mentor agree that the candidate has attained the above listed capabilities and wishes to proceed with the Professional candidate process then the candidate needs to submit their application on their Trainer Portal. The Individual Development Plan (s) and the Units of Study – Content Credit Form will be uploaded/attached to the candidate's application.

KRI then schedules an interview by a panel of experienced Lead Trainers who will review your application, evaluate your capacity to become a Professional Trainer and make a recommendation including a self-improvement plan.

IMPORTANT: Interviews are **conducted in person** if possible or remotely. Currently you can apply at any time throughout the year as interviews are conducted remotely year round.

The ATA Certification Committee will review your application, with all of the accompanying recommendations and evaluations. The CC will make the final determination about your application.

After the Certification Committee reviews your application, KRI will send you an email concerning the final outcome.

Professional Responsibilities:

If you are accepted as a Professional Trainer, you will be eligible to deliver content area you have already qualified for and can participate in any KRI Teacher Training Program. The Professional can teach up to 50% of a program as part of a team under the supervision of a Lead Trainer. If interested in proceeding to Lead, you will need to deliver effectively, under your mentor’s evaluation, content areas you have not yet qualified for. In addition to meeting the qualifications for a Professional Trainer and demonstrating broad command of course content, the Professional Trainer has the following additional requirements:

- Understands all Level One Program Requirements outlined in the Policies & Procedures Manual including student requirements for program completion.

- Demonstrates excellence in various teaching methodologies and balances these in the program design to accommodate different learning styles.
- Demonstrates multi-faceted communication skills including attentive listening, story-telling with a point, and coaching skills.
- Exhibits an integrated understanding of the Teachings while answering questions.
- Ability to maintain a conscious presence and to keep students engaged during a long training day.
- Awareness of group and individuals' state and the capacity to respond and adjust to this in the moment in order to deliver the material most effectively.
- Skillful management of the teaching environment to maximize student-teachers' experience.
- Ability to operate with a true sense of teamwork to enhance the effective presence of the team as a whole, and to lead and inspire Associates and Interns.

It is important to be aware that as a Professional Trainer you will be:

- Required to relicense by June 30th every year to remain eligible to teach in KRI Aquarian Teacher Training Programs.
- Required to attend one Trainers Forum, Summit or TTEC every 2 years.
- You can also begin to qualify as a Level Two Trainer. Go to the Academy page on the KRI website and read the documents under Level Two Trainer tab for more information about how to qualify.