Sat Nam Academy members,

The ATA is organizing a series of facilitated zoom calls, in multiple languages and time zones, to support the community dialogue process and collectively serve the future. Many trainers have volunteered to be **facilitators for the calls** and we are also asking if you would be willing to facilitate one or more of these calls in your language.

In order to support the facilitation and provide clear guidelines for the process, a group of trainers put together best practices on circle facilitation and will offer an orientation to these Academy Calls and **training open to all academy members**. The goal is to have at least 75 facilitators who can work in teams for the calls that will be conducted in English, Chinese, Russian, Spanish, French, German, Portuguese, Italian, and any other language that Academy members need.

NEW: Here are the upcoming dates to participate in a Facilitator's Orientation and Training:

http://trainersupport.kundaliniresearchinstitute.org/community-dialogue/

Please notice that pre-registration is required - just click on the zoom link and fill out some information. It will take less than a minute and it's free.

How can I know if I want to be a facilitator?

Here are some questions that might help you decide if you would like to serve.

- Are you able to maintain an open heart and a neutral mind during difficult conversations?
- Are you in a personal space where you can hold space for others and keep your neutrality in listening?
- Are you comfortable setting aside your beliefs and expectations to listen and facilitate this process?

What if I already have facilitator skills? Why would I come to the orientation?

- Come and share with your peers your experience.
- Support the process so we can have consistent, excellent facilitation throughout all calls

Can I participate in the training if I don't want to be a facilitator?

• Yes, please join the call

Purpose of the calls

• Create a safe space and build trust,

- Allow all to share their experiences openly regarding the current changes in the Kundalini Yoga community
- Find in our collective wisdom a source of inspiration and commitment to deepen our practice and to serve the future
- Find where there is excitement and passion to work together as a community
- Experience and model how the calls will be contained

For updates, visit: http://trainersupport.kundaliniresearchinstitute.org/community-dialogue/

If you are interested in becoming a facilitator or have questions please contact Hari Charn Kaur at <u>hck@kriteachings.org</u> or through WhatsApp +1-505-310-0202.

We look forward to hearing from you!

Blessings,

Gurucharan Singh, Gurudev Singh, Hari Charn Kaur