



March 3, 2020

Sat Nam, members of the Aquarian Academy, trainers and teachers,

You are all aware of the allegations leveled at Yogi Bhajan in the recent book by Pamela Saharah Dyson. To some of us these are not new allegations. There has been a lot of controversy about this for many years .

Now, the time is calling for, and people are demanding transparency in all political, economic and social structures. With the release of this book, as you have been informed by KRI along with the other entities founded by Yogi Bhajan under the umbrella of Siri Singh Sahib Corporation, they are now formally investigating these allegations. At the same time other allegations have been brought forward on social media which if formally brought to that board will also be investigated.

For all of us this is a sad time. To think that these allegations can be true is abhorrent. The related behavior is diametrically opposed to dignity and respect for all people and the teachings that we have diligently been incorporating into our lives and sharing with thousands of people to help them live better lives. To stay in the neutral mind until this investigation is complete can be difficult. And it is for many of us.

As a result at this time some of you do not want to teach, some of you want to teach but not refer to Yogi Bhajan at all, some of you want to clearly delineate the teachings from the teacher, some of you want to continue teaching as you always have, some of you are angry, some of you are outraged, some of you are hurt, some of you are hurting for others, some of you want to wait to see the outcome of the investigation, some of you just don't know what to do. Everyone is right!

Each one of us has to use the tools we have to heal our own wounds and share those tools with others. In this case it seems like a monumental job. Each of us has to go within and respect our own inner guidance because that inner guidance is a result of our own consciousness.

We know you also have questions about White Tantric Yoga®. How does that practice effect us in light of these allegations? First of all it is important to understand that White Tantric Yoga® is different than Kundalini Yoga. Like you he learned and practiced Kundalini Yoga, but White Tantric Yoga® was channeled. It was not something he learned. It was something he served. His teacher told him he wouldn't lead it until he was 40 years old and that is what happened.

White Tantric Yoga® is not a part of the teachings of Kundalini Yoga. The teachings of Kundalini Yoga are knowledge and technology that is taught, can be learned and taught by those who study it. White Tantric Yoga® is a channeled meditation practice that was passed to Yogi Bhajan giving him the designation of Mahan Tantric.

His subtle body which has nothing to do with his physical body, or even to do with him as a person, acts as a filter in the process. When he knew he could not travel personally to lead it, he figured out a way to be able for it to have the same effect as when he personally led it by putting it on video in a specific way.

The videos as we know them have been and are still impactful and helpful for people. We intend to follow our schedule. I know it can be hard for some people at this time to look at the short introductions to the kriyas. Some have asked if we could change the videos. No we cannot.

I managed his appointments and schedule and travelled a lot of the times over the 17 years he personally led White Tantric Yoga®, and because of my background in television, he talked with me about the possibilities of putting courses on electronic media so he could create the experience for the practitioner when he was no longer able to travel. The video aspect was important to the connection from the student to the White Tantric Yoga® energy and it cannot be changed.

When he transitioned in his lifetime from personally leading the workshops to the videos I was apprehensive at first, but it was the participants who although at the time missed his physical presence, had the same experience they had previously. It was about the technology and their own meditation and not his presence.

Likewise, when he transitioned from physical to non-physical in 2004, I was once again apprehensive about the experience. It stayed the same and has in these almost 16 years.

Quite frankly when I was in Hamburg this past February, I wondered if based on all that has been revealed, if White Tantric Yoga® would be different from my experience now. It was not. It was not for me and also the almost 500 people who attended. Whether newcomers or people who had participated before, they had a positive meditative experience.

He never had that much to say about White Tantric Yoga, he said it was for us to experience and if you wanted to hear his lectures he gave so many that could be found elsewhere. That is why he doesn't even talk much on the video. I have always said that I don't understand technically how it works. I do feel the energy change and then change back, but that is the extent of my 'knowledge'. But I and thousands have experienced that it does free us from a lot of the clutter in our subconscious mind.

White Tantric Yoga® is a subtle science, but you are reading this because you know that. He was the same person for all these years that people sat in lines in front of, and that sat in lines in front of the White Tantric Yoga® video screen. Their meditative experience then and now will be the same. Yes, it might release feelings of anger or hurt from some people that are

practicing it, but like all emotions that White Tantric Yoga® engages will be coming from what is inside of them and not because of what is outside. For some people it might be uncomfortable and we are sorry for that.,

I am not writing this to sell you White Tantric Yoga, but I don't want people to erroneously misunderstand how it works.. If you have any other questions relating to White Tantric Yoga®, please let me know.

With love prayers,  
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