

## **Policy regarding graduates from non-KRI Kundalini Yoga teacher training courses to receive a KRI Level One certificate**

April 2019

### **Background:**

There are teacher training programs in Kundalini Yoga based on the teachings of Yogi Bhajan that are NOT contracted through KRI, and cannot be promoted as Kundalini Yoga as taught by Yogi Bhajan®

Each of these programs has their unique curriculum and graduation requirements.

More and more graduates of these non-KRI teacher training courses are wanting to receive a KRI certificate.

### **Policy:**

- The only way for most graduates of non-KRI Kundalini Yoga teacher trainings to get their KRI Level One certificate is to take an entire KRI licensed Level One Program. We encourage trainers to offer deep discounts to these students to help inspire and support their participation.
- These custom programs are referred to as “Bridge” programs.

If a teacher trainer who has been acting as the lead trainer of their own non-KRI Kundalini Yoga Teacher Training is coming back or is wishing to enter the Aquarian Trainer Academy, KRI will work with them to set up a custom program for their prior graduates to receive a KRI Level One certificate.

- Each Bridge Program is unique – it only applies to graduates of one specific non-KRI teacher training, and each must be individually discussed with and approved by KRI.
- Each Bridge Program must be designed and closely supervised by a KRI Lead Trainer.
- The first step in creating a bridge program is to do a thorough study of the non-KRI training. This includes more than just the classroom hours and ensures that students participating in a Bridge Program get the same opportunities to:
  - discuss the Code of Ethics (not just signing it)
  - hear about who Yogi Bhajan was
  - understand the relationship between Kundalini Yoga and Sikh Dharma, etc.

### **Bridge Program Financial & Administrative Policies:**

- Financial considerations:
  - 10% Royalties and a \$40/student certification fee must be paid to KRI
  - Just like a normal Level One Program, each participant must purchase a copy of The Aquarian Teacher and The Masters Touch (if available in the student's language)
- Administrative details
  - KRI must receive a student contact list of all certifying students using the spreadsheet format currently available on the Trainer support website in the Level One admin section.
  - KRI must also receive a certification packet for each certifying student from this bridge program that includes:
    - a signed Code of Ethics and Professional Standards of a Kundalini Yoga Teacher
    - the Certification Requirements Form signed by the KRI Lead Trainer
    - a copy of the student’s certificate from the non-KRI course, or some other proof that they successfully completed it