

## **2018 Malaysia Trainer Forum**

### **Moving from competition to community building and group consciousness; and how this relates to our values**

#### **List of the participants in the group:**

Sunderta, Paramnam Kaur, Siri Prakash Kaur, Guruwant Kaur, Fiona, Satya Kaur Tonie, Rosan Cruz, Heung Mae

#### **Write down ideas that your group comes up with during this discussion:**

What are our manner? Cross culturally, there are different perspectives about what is mannerful. In some cultures, transparent communication can be viewed confrontational. So how we understand what are appropriate manners. Can we ask ourselves if any action will build community. It's beyond just our own norms, or our cultural norms. What is our responsibility as trainers to really research what community is in place - all trainers not just leads - in a new place that they are wanting to move into. Engagement and how to make it welcoming. Like we have here today, some haven't seen that in all the TTs. Its about an environment of trust. Some haven't felt that so much, and want to know how to built more of that. We have to have a deep experience of compassion. Speaking your truth means saying it so the other person can hear it. What can we do when the other person doesn't act like we want them to? If they act in a territorial way, do we blow up at them? Do we stew about it and let it slide? Do we bad mouth them behind their back? Is there a teacher's association locally that can help deal with these issues? It's important to recognize that each of us has our own perspective, our own story. Can we ask what the other person's story is first, before we go at them with our story. When there is conflict, and then that conflict is avoided, that becomes a block to community. There is a buzz out there about a lot of conflicts among a lot of experienced teachers. As someone new, this can be very disturbing. Community means dealing with the good, the bad and the ugly. Having trainers get together maybe once per month, outside of TT, and have a chance to discuss issues there. Creating something with people from different "teams" - like a workshop - can be helpful. How can we get teachers to support (promote) courses that help the community, without feeling that it will be competition? Could someone talk to the teacher who wasn't promoting the course and hear their story? Because if we hold onto the judgement towards them for not promoting, it will poison the relationship. And we need to keep up - just keep showing that we can share and we can stay open. We have to keep practicing it ourself, no matter what the other person does. It's always about communication. We are fearful about communicating. The "higher" you are in the ATA, the higher the implications, and the more urge to compete. Some lead trainers are more or less open to communication. But even if it

may open you up to more competition, you have to talk more. Recognize the other person, respect the other person, and have humility. Coordination between courses, so people know what's going on. Especially if it's inviting people to participate. A half day skills training course, then a pot luck, among local teachers helps make a community, and avoid competition. Competition is phasing out in the Aquarian Age. Competition is more 1st chakra, and pulls us out of our heart center.

**Are there any questions that need clarification about your topic?**

No

**Please summarize the highlights, key points and any specific recommendations from your group discussion:**

Don't compete.