



**Aquarian Trainer Academy  
European Trainer Forum 2018**

**Topic of Discussion:** Young students who don't know yoga/ Kundalini Yoga as taught by Yogi BhaJan

**Write down ideas that your group comes up with during the discussion:**

- Should we allow those students to join the training? We should give them a chance as well as offer them to go to some classes before hand. Create an open agreement that after 2 modules they might decide to not continue...
- Offer an introductory class: "What is KY?"

**Are there any questions that need clarification about your topic?**

- We don't know how other people learn, so should we have to adjust our way of thinking/teaching?
- Internet is very powerful now , lots of people become interested in KY because of this.

**Please Summarize the highlights, key points and any specific recommendations from your group discussion:**

- To all people this training is transformative. Why do you want to do this?
- Accept that there are people coming for self-healing, personal development.
- The younger generation is looking for support which they aren't getting outside. They generally need more guidance as well.
- How to maintain the strength of the impact: using videos? Telling stories?