



**Aquarian Trainer Academy
European Trainer Forum 2018**

Topic of Discussion: Trainer Life Cycle - the elderly community

Write down ideas that your group comes up with during the discussion:

How does the sangat take care of the elderly?

Create a foundation (ATA? KRI? IKYTA?) to support retired trainers (or those who slow down because of age or illness) similar to a health insurance for trainers

Are there any questions that need clarification about your topic?

How will the Yoga Festival adjust to the special needs of elderly and handicapped people? Food/ wheelchairs.

Please Summarize the highlights, key points and any specific recommendations from your group discussion:

The understanding that we will all come to the point we cannot continue as we used to - are we prepared financially/ community wise?

A spiritual community takes care of their children, women, elderly.