



# Aquarian Trainer Academy – Level Two Pathway

## Qualities of Level Two Trainer and Practicum Mentor



## Qualities of a Level Two Trainer

### Prerequisites

1. Committed to personal sadhana and daily practice.
2. Exhibits understanding and personal experience of transformation through Level Two teachings.
3. Applies excellent communication skills.
4. Possesses capacity to collaborate.
5. Maintains high standards of ethics and spiritual integrity

### Personal Attributes

1. Demonstrates knowledge and personal understanding of the course content.
2. Embodies the qualities of Spiritual Maturity (see Level Three definition) and the Level Two Topic being taught.
3. Embraces a servant leadership role and is willing to share his/her skills, knowledge, and expertise with others.
4. Values and supports the growth of community

### Facilitation Skills

1. Understands principles of adult learning and curriculum design.
2. Good organizational and time management skills.
3. Ability to collaborate and delegate course topic delivery.
4. Adopts a creative approach to training; develops activities that supports learning.
5. Demonstrates compliance with KRI requirements, policies and procedures.



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## Qualities of Level Two Trainer and Practicum Mentor



### Qualities of a Level Two Practicum Mentor

*A mentor should have all the personal attributes and qualities listed for a Level Two Trainer AND the following additional qualities:*

### Mentoring & Coaching Skills

1. Committed to developing future Level Two trainers.
2. Ability to establish and maintain a mentoring relationship.
3. Clarifies role of Mentor with Mentee (e.g. using Mentor-Mentee agreement).
4. Demonstrates coaching skills:
  - a. Builds and maintains a relationship of trust.
  - b. Provides ongoing support and encouragement
  - c. Demonstrates patience
  - d. Shows a willingness to provide constructive feedback and to have difficult conversations, To “poke provoke, confront and elevate” as needed;
  - e. Allows technology to “chisel” the Mentee
5. Employs knowledge and undergoes training in how to develop others.
6. Commits time and energy to provide guidance and feedback to mentee; responds in a timely manner.
7. Continuously hones mentoring skills; willing receives feedback on his/her coaching and mentoring skills.

Legal Name \_\_\_\_\_

Spiritual Name if different \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Country \_\_\_\_\_

I have the skills outlined in this document and commit to my ongoing professional development as a member of the Aquarian Trainer Academy.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date