

LEAD TRAINER FOLLOW UP

Verbal Report

Please prepare a 10 minute verbal report about your Lead Trainer Practicum experience. Please include the following as well as any other points you would like to share.

- Where was your Practicum held?
 - City, State, Country
 - Type of location: yoga studio, rented room, seminar house, other...
- When was your Practicum?
 - Start and End dates.
 - A description of the format: weekends, three x one week, other?
- How many students participated?
 - Did any drop out? Why?
 - Did everyone graduate?
- What kind of students came?
 - Ages?
 - Professions?
 - Backgrounds?
 - Female/Male ratio?
- What motivated the students to come?
- Who was your Practicum Mentor?
- Who was on your training team?
- What was the biggest challenge or lesson learned – give an example in 2 or 3 areas, such as:
 - Preparation and planning.
 - Course administration and logistics
 - KRI contracting and certification process
 - Scheduling and delivering the curriculum
 - Working with the students both as a group and as individuals
 - Working with the training team...
 - Being fully responsible for all aspects of the program
 - Holding the space for the transformational process of all involved
- A two minute story about something of significance / inspiration that happened during the training.
- How did this experience Poke, Provoke, Confront and Uplift you?
- How has your understanding of what it means to be a Lead Trainer changed?
- What are your plans for the future in your role as a Lead Trainer?