

**KRI Aquarian Trainer Academy**  
**Initial Lead Trainer Candidate**  
**PRACTICUM PROPOSAL REPORT**

As part of your Initial Lead Trainer Interview, please prepare a 10 minute oral presentation based on the following questions:

1. Where will your Practicum be held and why did you choose this location?
  - o City and country.
  - o Type of location: yoga studio, rented room, seminar house...
2. What are the dates and proposed format (weekends, 3x one week...)?
3. Who are the students you targeting to come to your training? Are they experienced Kundalini Yoga students? Do you already have a relationship with them?
4. Will this be a new training program? If not, how will you get the real experience of being an independent Lead Trainer?
5. Who will be your Practicum Mentor? Why have you chosen to work with them?
6. Who are the members of your Practicum Training Team? Why did you choose them? If you have been working with them as colleagues, how will you establish yourself with them in your role as Lead Trainer?
7. You have been working with a Mentoring Lead and his/her training team for many years. What do you believe are the strengths and qualities of that team that you want to incorporate in your training programs?
8. How do you want to bring in your own unique perspective and qualities to your training programs? Please give details.
9. Please explain briefly the basic principles and reasoning behind the flow of your Curriculum Schedule.
10. How much of the curriculum will you be teaching? (Recommendation: 50%.)
11. For how much of the program will you be present in the classroom? (Recommendation: 80%)
12. What have been your biggest challenges in the planning process?
13. In preparing for this Practicum, what have you learned about yourself as a trainer and the specific role and responsibility of a Lead Trainer?