



## The Aquarian Trainer Academy

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Dear Teacher Trainer Applicant,

Sat Nam. Teacher Training is expanding globally and there is a real need for dedicated Level One Trainers of Kundalini Yoga as taught by Yogi Bhajan. Thank you for your interest in applying to the Aquarian Trainer Academy.

### **APPLICANT ELIGIBILITY REQUIREMENTS:**

- Hold KRI Level One Instructor Certificate.
- Must have completed at least 4 Level Two modules with the 5<sup>th</sup> planned within the year.
- Have taught a minimum of 500 hours of Kundalini Yoga classes since being certified Level One by KRI.
- Be a current Professional member of IKYTA or your country's National Teacher's Association.
- Have a strong personal practice of Sadhana and Kundalini Yoga and where possible to participate in group sadhana.
- Practice a yogic lifestyle meaning abstain from tobacco, alcoholic beverages, drugs (other than prescribed by a physician) and eat a vegetarian diet
- Have attended at least one KRI, Sikh Dharma, or 3HO Event every year for the past three years including but not limited to Solstice, Teacher's Conference, any Yoga Festival, Women's Camp, Jaap Sahib, Level Two Training, Trainers Forum, White Tantric Yoga.
- Contribute Gurudakshina either internationally or to your National Association or contribute to The Yogi Bhajan Library of Teachings (Go to [www.kundaliniresearchinstitute.org](http://www.kundaliniresearchinstitute.org) for more information).

If you meet the above requirements then proceed with the following:

**APPLICATION PROCESS:** *You may mail or email the application. **Copy everything you mail for your records and in case your application is lost. If you don't receive an email that your application was received within 10 days contact me.***

- Enclose your Application
- Enclose your Applicant Payment Form with the \$108 USD nonrefundable fee. Payable to KRI
- Carefully read the KRI Code of Excellence and sign it confirming your commitment to these standards.
- Enclose documentation of hours of Kundalini Yoga classes you have taught (in summary form) since receiving your KRI Level One Instructor Certificate. (If you do not have 500 hrs. of teaching, explain the commensurate experience you believe prepares you to become a Teacher Trainer on a separate piece of paper.)
- Complete the Competency Evaluation Form and then sit and discuss with your Lead Trainer who may add his or her comments.
- Arrange for two letters or emails of recommendation to be sent to KRI: one from the Mentoring Lead Trainer of the Team that you will join and another from a Professional or other Lead Teacher Trainer.
- Email (JPEG file) a recent photo of yourself as you represent yourself as a Kundalini Yoga teacher. Preferably a headshot.
- Discuss and complete with your Lead Trainer the Mentor-Mentee Operating Agreement

Once your application has been received IN FULL, KRI will schedule an interview with you by phone or SKYPE. Due to our summer travel and other summer events, interviews for applications received by KRI during the late spring or summer may not be scheduled until the fall. If you are a candidate who will require a translator we may schedule your interview during Summer Solstice or the European Yoga Festival.

At the time of your Interview the interviewer will make a recommendation which they will share with you. If the interviewer recommends you and you meet the minimum requirements you will be approved as an Intern immediately.

If you do not meet the minimum requirements then you will be told this and you may take the opportunity to ask for an exemption to be made by the Certification Committee. Your mentoring Lead Trainer should send a letter to KRI with reasons why an exemption should be made. The Certification Committee meets in the fall and spring at Khalsa Council time in New Mexico and they will review and make a decision.

I look forward to receiving your application. Please contact me ([sjitk@kriteachings.org](mailto:sjitk@kriteachings.org)) with any questions or concerns you may have regarding your qualifications and your entry into the Academy.

In service,  
Sarbjit Kaur  
Aquarian Trainer Academy Administrator